



Dear Black Cat Runner,

B& 5 event management

Thank you for choosing to participate in the 10<sup>th</sup> Annual Black Cat 10/20 Miler presented by JJ Welch Construction!! We are just over 350 runners and looking forward to spending our Sunday with you, your friends and family.

## **Quick Details:**

Race Day: Sunday, April 3rd Start Time: 8am (packet pickup opens at 6:45am on race morning) Race Day Location: Waterfront Hotel & Suites (225 Derby St)

#### Packet Pick Up Options: \*Yes you can pick up for your friends.

Saturday Pre-Race Pickup 3-6PM at B&S Headquarters, 45 Congress Street, Dock 19/20 Shetland Park, Salem MA (GPS: 90 Leavitt St, Salem MA) and enter Shetland Park at end of street, veer left in the parking lot and look for Dock 19/20 where the stairs are.

Race Day: Starting at 6:45AM inside the ballroom at the Waterfront Hotel! Complimentary coffee and tea will be available starting then.

#### **Registration:**

Make sure you know your BIB # before you check in to keep the process moving smoothly. Visit the registration page: <a href="https://runsignup.com/blackcatroadrace">https://runsignup.com/blackcatroadrace</a>

#### Click participant tracking and just type in your name.

At registration you'll receive your bib, pins, shirt. No switching shirt sizes until after the race will be permitted.

<u>Merchandise:</u> If you ordered additional merch, you could pick up this either on Saturday or anytime race morning at the merchandise table. It'll be all ready for you! If you didn't and would like to purchase pom-pom hats, coffee mugs, running gloves, etc. visit the table. *Cash/Credit/Check/Venmo* 

<u>Changes to Registration:</u> If you are switching distances, email events@bnsfitness.com prior to <u>Saturday at 6PM!</u> Your pre-assigned custom bib will not change, but your distance will be edited in the backend. If it's a last-minute change during pre-race then visit the race day reg table. If you change your mind while running, visit the check in table in the ballroom post-race to notify the timer.

#### **Bag Drop/Storing Belongings:**

Store your belongings and access them easily anytime before and after the race with our bag check. The room will be locked between 8am-9am. This will be located to the left of the Hotel Lobby!

Early Start Time: If you are unsure/uneasy or worried about finishing the 20-mile distance by noon we encourage you to take part in the "Sunshine Start" at 7AM! This is ONLY available for 20 milers! You are not eligible for any awards if you participate in this. This is not a rolling start, you must check in at 6:45AM and be at the start line in front of the hotel on Derby Street at the "Rainbow Starting Line" at 7AM SHARP. You also should understand, water stations will not be setup until 8AM, so you should be equipped with nutrition/fuel for the beginning portion of the course.







## Parking:

# Parking in the hotel lot is for guests ONLY.

Free parking is available in the Hotels overflow lot just past the finish line, across the bridge located at: 29 Congress Street. This lot can fit up to about 100 cars.

Parking in the garage on corner of Congress and Derby St.

Street parking is available, please be cautious of any street signage.

Please DO NOT PARK in any available street spot between Ward Street and the corner of Derby/Congress St. where finish line equipment will be staged.

# Course Details:

Start Line – On Derby Street in front of the Hotel, at the "Rainbow Crosswalk!" Finish Line – On Congress Street just past the parking garage by the Antique Table Restaurant.

# 2022 Course Map & Elevation is also available here: <u>http://www.high5em.com/black-cat-10-20-</u> miler/



Runners - You are always running WITH TRAFFIC, unless a Police Officer is signaling something different for a traffic issue.

We will have plenty of detail officers and volunteers in MHD and Salem so it should be very safe. However, ALWAYS be cautious of motor vehicles and NEVER cross the road unless you know 100% it is safe. We can not control every vehicle on the road and your safety is our highest







priority at all times. Be smart, be safe!! The course time allotment is 4 hours beginning at 8AM.

**Fuel Stations:** 

The 10-mile course will have 4 fuel stations, and the 20 miler course will have 5 giving you a total of 9 stops for fuel throughout your 20 mile journey.

These stations are fully staffed with volunteers from The Salem Food Pantry, our charitable partner!!

All stations will have water and Gatorade.

There will be 3 porta potties, setup at the last fuel station located at the VFW Post on Westshore Drive in Marblehead – approx. mile 5.5 / 15.5 – just follow the bathroom signage.

GU's & minor First Aid including Vaseline will be available at that last fuel location as well. There will be clothes drop at the first fuel station just prior to mile 1. Unclaimed clothes will be donated. Please do not drop clothes along the streets.

<u>Bathrooms:</u> There are 5 men's and 5 women's rooms to the left of the main lobby in the hotel. There will also be 3 porta potties in the parking lot (by the green storage container) by the bank, where our DJ is staged!!

## Awards/Finisher Medals:

Finisher Medals will be handed out at the finish line!! Take notice, your bib color will match your medal lanyard color.

The 10mile awards ceremony will take place at approximately 10am and the 20mile awards ceremony will take place at 11am, both inside the Hotel Ballroom.

\$700 CASH PURSE Details: \$175 for Overall Top M/F Finishers in each race (10, 20)

Age Group Awards: Top 3 Overall M/F in each race Top 3 M/F in each age group: Under 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ \*\*No double dipping Largest Team (Participation) Fastest Team (3+ people, 1 must be a female)

<u>Post Race Festivities:</u> Food & drinks will be provided by the Waterfront Hotel inside the ballroom. Hot Coffee, soups, breakfast items and more will be complimentary. There will be a cash bar setup as well.

The Regatta Pub located right at the Hotel next to the ballroom will be open!!

We encourage you to hang around afterwards to explore downtown Salem where there are several restaurants, bars, breweries, cafes and boutique shops that are worth checking out.

<u>Black Cat Beneficiaries:</u> This year we've partnered with the Salem Food Pantry as our major charitable partner. The event will also benefit the Allie Castner Foundation, The VFW Post in Marblehead and The Salem Recreation Department.







Thank you for participating in the Black Cat!!

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We hope you have a great race and a wonderful experience!

If you have any additional questions, please feel free to email <u>events@bnsfitness.com</u> or call/text 978-594-7050

Thank you and we look forward to seeing you the weekend,

**B&S Event Management** 

# Thank You To Our Sponsors