

Dear Participant,

Thank you for pre-registering for the 2nd Annual **Thirsty Goblin 5K and Inaugural 2 Mile Walk!!** We are so excited to celebrate Halloween weekend with you. Especially on this absolutely epic sunny day that is in store for us!! **Do you have your costume all picked out?!! We highly encourage costumes!!!**

We have over 160 people pre-registered to participate and hope to see several more participants by race day. If your friends, family, or colleagues are still interested in joining us, remind them there is still plenty of time to register. **ONLINE pre-registration will close at 5PM on Friday, October 27th and registration prices will increase on race day.**

Please take a few minutes to read this email in its entirety to ensure an EPIC event experience.

Event Day Snapshot

When: Saturday, October 28th

Where: Throwback Brewery, 7 Hobbs Rd, North Hampton, NH

Race Day Packet Pickup/Registration: Opens at 8:45AM

Race Start Time: 10AM (*Kids Fun Run Start: 9:45AM)

Parking: First come, first serve on site at The Brewery. Parking is limited. Please give yourself a little extra time in the morning. We will have parking attendants on site to assist in fitting as many cars as possible. Please carpool if you can. No parking is permitted along Hobbs Rd., Parking on Elm St. is permitted if needed, just please be mindful of any signage posted so as not to block the race route. **All additional parking is located at North Hampton Middle School, 1.2 Miles away. There will be shuttle service provided (\$5 suggested donation/person that will be donated to SeaCoast Eat Local)**

Course: A mix of flat and a couple of rolling hills. The first half of the course is pretty quiet. Please be mindful the roads are open so beware of traffic. We will have a slew of course volunteers and North Hampton PD will be out on along the course directing traffic.

**2 Mile Walk Course will start following the same route, once you see a yellow walk sign you'll follow those to the finish.*



Kids Fun Run: Kids 10 & Under participating in the kids fun run starting at 9:45AM will all take place within the Throwback Brewery property. The 1/3 mile farm route is marked with red ground flags and parents are more than welcome to run alongside their kids.

Timing: This event will be chip timed. There will be a velcro piece on the back of your race bib, this is your timing chip. So make sure to leave it on the bib.

Water Station: There will be 1 water station along the course, at approximately the halfway point managed volunteers from a Fellowship Christian Academy. Be sure to thank them!!

Strollers/Dogs: Throwback Brewery is a dog friendly environment. We welcome you to run with your 4-legged friends, as long as they are leashed and well behaved. Our only request is that you keep dogs away from the farm animals. For those of you who are pushing your little ones, the course is stroller friendly. We will ask that any dogs and strollers line up in the back of the starting line.

Post Race Sips/Bites: Water/gatorade will be set up at the finish line, a special home made cookie concocted by the kitchen staff at Throwback Brewery, Granola Bars, and of course Halloween Candy will be available. Those of you over 21+ will use the voucher on your race bib for a **complimentary** beer post-race. The food at the Brewery is out of this world, we highly recommend planning to stick around for some food (not included in the race entry). Just request a table and the wait staff will take care of you!!

Awards: At 11AM we will be awarding our top 3 Male and Female Runners and top 3 Halloween costumes.

Event Festivities: MC + Music provided by Michael Bernier and Evolvment Radio, a costume contest, kids arts and crafts table, farm animals and more!

Race Results: Will be available immediately after you finish running. They will be published right on RunSignUp where you registered for the race:

Please be sure to like our Facebook Event Page to keep updated on all event announcements from now until race morning. Any pictures you take, please feel free to share on this page with hashtags: #ThirstyGoblin5K #ThrowbackBrewery #High5EM

